



## SIMPLE STEPS FOR AN EASY ADMISSION

**We would like to thank you for considering our facility for you or your loved one's rehabilitation or long-term care and our goal is to make the admission a simple and stress-free process. Refer to the guidelines below that fit your current situation. Please contact us directly with any questions, or for more information.**

### **From a Hospital**

Inform the hospital Case Manager or Social Worker that you have chosen our facility as the next step in your recovery. They will call us with permission to complete an evaluation, if needed. Your clinical information will be sent over to us and reviewed by our admissions team to determine how best to meet your needs. Once accepted, the attending physician at the hospital will approve your discharge from the hospital and write your discharge orders from the hospital and your admission orders to our facility. Our team, or the hospital, will then arrange transportation and admission to our facility.

### **From a Skilled Nursing Facility / Nursing Home**

Let the Social Worker or discharge planner, at your current facility, know that you would like your medical records sent over to our facility. Once your records are received, they will be reviewed by our admissions team to determine how best to meet your needs. Once accepted, the attending physician at your current facility will write orders for your transfer to our facility. Our team will then arrange transportation and admission to our facility.

### **From Home, an Independent Living Facility or an Assisted Living Facility**

Simply request the most recent medical records from your personal (or primary) care physician, including a History & Physical (H&P), any recent lab or diagnostic test results, as well as a current medication list. If you are on home health or hospice services, we will also need your most recent medical records from them, including nurses notes and/or progress notes. We will typically need an order for admission, from your physician, and documentation of your current medications, diet, and any other special needs. We can come to your home, if needed, to complete an in-person evaluation. Once received, your information will be reviewed by our admission team to determine how best to meet your needs. Once accepted, the attending physician at our facility will write orders approving your admission to our facility. If you are on hospice services, your nurse from the hospice company will typically complete the admission orders to our facility.

### **Admission Process and Paperwork**

We will need a copy of your identification, insurance cards, your COVID vaccination card (if applicable) and copies of any executed documents, such as an Advanced Directive, Living Will, Power of Attorney, as well as an OOH DNR order, if you have executed one. We will also need to meet with you, or a designated representative, to complete your admission paperwork, preferably prior to admission.

### **Accepted Insurance and Payment Options**

We accept Medicare, Medicare Advantage plans, HMO, PPO, Medicaid, as well as private pay. Each facility's participation in various insurance plans may vary by facility. Ask for details.

Disclosure: Our facility does not discriminate on the basis of race, sex, national origin, disability, age, sexual orientation or gender identity in regard to admission, access to treatment or employment in its programs and activities.



## FREQUENTLY ASKED QUESTIONS

### ◆ Will I have to pay out of pocket for my family member's stay?

Many insurances do cover 100%, but every insurance policy is different. Our Business Office Manager will be happy to meet with you and discuss your exact policy and benefits.

### ◆ Does my loved one have to stay for a certain length of time?

Residents may leave at any time, but be aware, some insurances require you stay a certain length of time in order to provide coverage.

### ◆ Can I visit anytime I want?

Depending on current restrictions, set by local authorities, there may be restrictions on visiting your loved one. If there are no restrictions, from local health authorities, then you can visit any time you please. We just ask that you be mindful of the other residents if you are visiting outside of normal business hours.

### ◆ How long will my loved one stay at the skilled nursing facility?

While the average length of stay in a skilled nursing facility can be three to four weeks depending on the condition, every patient's road to recovery is unique and based solely on the individual care plan and therapy progress. We also offer long-term care, if needed.

### ◆ Who is responsible for laundry?

We are happy to provide laundry services, at no additional costs, however, your family is free to take it home and do it personally, if they so choose. Either way, please ensure that each item of clothing is labeled with the patient's first and last name.

### ◆ Will my loved one have a roommate?

Each case is individually evaluated and is often dependent on bed availability. We have found that having a roommate often helps a new resident adjust to their new setting.

**IF YOU THINK OF ANY OTHER QUESTIONS, PLEASE CALL US. WE WANT YOUR STAY WITH US TO BE EXCELLENT!**

## PRE-ADMISSION CHECKLIST

- Have your applicable documents and paperwork in order** (Social Security Card, Driver License or State Issued ID, Medical Insurance Card, Medicare/Medicaid Cards, Power of Attorney Documents, Advanced Directive, DNR Order and COVID-19 Vaccination Documentation/Card)
- Bring several days of comfortable clothing** (sweaters, shorts, sweatpants, t-shirts, undergarments, socks and non-skid shoes)
- Bring an overnight bag** (include items, such as toiletries, hearing aids, eyeglasses, eyeglass care items, dentures, cell phone charger and any other personal belongings you'll need)
- Make sure you bring **reading materials and personal effects** that you'll enjoy
- Check with your facility** prior to admission on what is allowed to be brought into the facility (such as blankets, pillows, bedding, plants, pictures, décor, etc.)
- Leave valuables, jewelry, credit cards and large sums of money at home or with a loved one.**

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